Subfertility and Reproductive Endocrinology and the Assisted Conception Theoretical Course

Joint RCOG/BFS Meeting

11 – 14 April 2016

Overview
This is a clinical update meeting aimed at all clinicians involved in the management of the subfertile couple and reproductive endocrinology. As well as providing a comprehensive overview of the subject, the speakers have been chosen to provide the latest information in this rapidly developing area.

This course is recognised for the theoretical component of the ‘subfertility and reproductive endocrinology’ ATSM. It’s valid for three years, and must be completed prior to completion of the practical component of the ATSMs.

Why Attend?
- Gain a comprehensive overview of subfertility and reproductive endocrinology
- Hear about the latest developments in this rapidly developing area
- This meeting is suitable for the theoretical component of the ‘subfertility and reproductive endocrinology’ ATSM

CPD 24 credits  
4 days  
RCOG, London  
ATSM

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- Hear about the latest developments in this rapidly developing area
- This meeting is suitable for the theoretical component of the ‘subfertility and reproductive endocrinology’ ATSM

CPD 24 credits  
4 days  
RCOG, London  
ATSM
Who should attend?

- All trainees and consultants in obstetrics and gynaecology
- Those who are registered, or who plan to register for the ‘subfertility and reproductive endocrinology’ ATSM
- Fertility counsellors
- Fertility nurses
- General practitioners
- Staff Grades, Staff Doctors, Trust Doctors and Associate Specialists

Sponsorship and Exhibition

From sponsorship of the meeting, to exhibition stands and delegate pack inserts, there are plenty of ways to promote your product or service at this event.

For more information and to discuss the packages available please contact:

Ursula Samson
Tel: +44 (0) 20 7772 6460
Email: usamson@rcog.org.uk

Course Organiser

- Dr Yacoub Khalaf MD FRCOG, London

Honorary Director of Conferences

- Mr Nick Panay MRCOG, London

Honorary Deputy Director of Conferences

- Mr Stergios K Doumouchtsis MRCOG, London

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Duration</th>
<th>CPD</th>
<th>Credits</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Full conference</td>
<td>4 days</td>
<td>RCOG, London</td>
<td>24</td>
<td>£740</td>
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<tr>
<td>Part conference</td>
<td>2 days</td>
<td>RCOG, London</td>
<td>12</td>
<td>£535</td>
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BOOK ONLINE and Save £10.00 – rcog.org.uk/events
**Monday 11 April 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session III: Ovulatory Disorders</th>
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| 1.30pm | Diagnosis anovulatory infertility and OI  
Professor Adam Balen |
| 2.15pm | PCOs and reproductive implications  
Dr Gerry Conway, Consultant Endocrinologist, University College London Hospitals |
| 3.00pm | REFRESHMENTS |

**Session IV: Tubal Disorders**

*Chair: Mr Mostafa Metwally, Consultant Gynaecologist and Subspecialist in Reproductive Medicine and Surgery, Sheffield Teaching Hospitals*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session IV: Tubal Disorders</th>
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| 3.30pm | Assessment of tubal patency  
Dr YC Cheong, Associate Professor in Obstetrics and Gynaecology, University of Southampton; Princess Anne Hospital, Southampton |
| 4.00pm | Management of tubal disorders  
Professor Tin Chun Li, Professor, Prince of Wales Hospital, Chinese University of Hong Kong |
| 4.30pm | Case discussion  
Mr Mostafa Metwally |
| 5.00pm | CLOSE |
Tuesday 12 April 2016

8.30am REFRESHMENTS

8.55am Welcome
Dr Yacoub Khalaf, Consultant Gynaecologist; Subspecialist in Reproductive Medicine and Director of the Assisted Conception Unit, Guy’s and St Thomas’ NHS Foundation Trust, London

Session V: Surgery for Infertility
Chair: Dr Ertan Saridogan, Consultant in Reproductive Medicine and Minimal Access Surgery, University College London Hospitals, London

9.00am Endometriosis associated subfertility
Dr Ertan Saridogan

9.30am Fibroids and fertility
Dr Yacoub Khalaf

10.00am Congenital uterine abnormalities
Dr K Jayaprakasan, Subspecialist and Honorary Associate Professor in Reproductive Medicine; Consultant Gynaecologist, Royal Derby Hospital

10.30am Case discussion
Dr Ertan Saridogan
Dr Yacoub Khalaf
Dr K Jayaprakasan

11.00am REFRESHMENTS

Session VI: Fertility Preservation
Chair: Professor Allan Pacey

11.30am Male fertility preservation
Professor Allan Pacey

12.00pm Female fertility preservation
Professor Erik Ernst, Professor; Consultant, Aarhus University Hospital, Denmark

12.30pm LUNCH (2 course standing fork lunch)

Session VII: Pregnancy Problems
Chair: Dr Judith Hamilton, Gynaecologist, Lead Clinician – Early Pregnancy and Acute Gynaecology Unit, St Thomas’ Hospital, London

1.30pm Recurrent miscarriage
Miss Siobhan Quenby, Professor of Obstetrics, University Hospitals Coventry and Warwickshire NHS Trust

2.00pm Early pregnancy problems
Miss Janine Elson, Consultant Gynaecological and Reproductive and Surgery Subspecialist, Care Fertility, Nottingham

2.30pm Pre-pregnancy problems
Professor Catherine Nelson-Piercy, Professor of Obstetric Medicine, Guy’s and St Thomas’ Foundation Trust, London

3.00pm REFRESHMENTS

Session VIII: Endocrinology in Infertility
Chair: Dr Paul Carroll, Consultant Endocrinologist, Guy’s and St Thomas’ NHS Foundation Trust, London

3.30pm Hypogonadal man
Mr Richard Quinton, Consultant Endocrinologist, Newcastle upon Tyne Hospitals NHS Foundation Trust

4.00pm Thyroid disorders in subfertility / early pregnancy
Dr Paul Carroll

4.30pm Case discussion
Dr Julia Kopeika, Subspecialist in Reproductive Medicine and Surgery, Guys and St Thomas Hospital, London

5.00pm CLOSE
Who should attend?
- All trainees and consultants in obstetrics and gynaecology
- Fertility counsellors
- Fertility nurses
- General practitioners
- Staff Grades, Staff Doctors, Trust Doctors and Associate Specialists

Overview
Assisted conception continues to face rapid developments clinically and scientifically. The topics and the speakers have been carefully chosen in order to offer the most relevant and evidence-based information. This specialist course complements the joint RCOG/BFS training course on “Subfertility and Reproductive Endocrinology”.

Why Attend?
This course will closely follow the guide to learning of the BFS training module on assisted conception and will cover the following areas:
- Overview of the workup of female and male partners
- Management in an assisted conception unit, including the role of the regulator(s)
- IUI and IVF techniques, laboratory aspects and clinical protocols
- Limitations and complications of assisted reproductive technology
- Controversial issues in ART – Preimplantation Genetic Diagnosis (PGD) and Screening (PGS) and gametes donation

Course Organiser
Dr Yacoub Khalaf MD FRCOG, London

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### Programme

**Wednesday 13 April 2016**

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<tr>
<th>Time</th>
<th>Session IX: ART</th>
<th>Session XI: Planning for Treatment</th>
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<tbody>
<tr>
<td>8.30am</td>
<td>REGISTRATION and REFRESHMENTS</td>
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<tr>
<td>8.55am</td>
<td>Welcome</td>
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<tr>
<td>9.00am</td>
<td>Regulation of ART</td>
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<td>9.30am</td>
<td>Factors affecting success rates</td>
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<td>10.00am</td>
<td>Risks of ART</td>
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<td>10.30am</td>
<td>REFRESHMENTS</td>
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<tr>
<td>11.00am</td>
<td>Case discussion</td>
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<tr>
<td>11.30am</td>
<td>What is absolute and what is relative in assisted reproduction</td>
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<tr>
<td>12.30pm</td>
<td>LUNCH (2 course standing fork lunch)</td>
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**Session IX: ART**
*Chair: Mrs Jan Grace, Consultant Gynaecologist; Subspecialist in Reproductive Medicine and Surgery, Guy’s and St Thomas’ NHS Foundation Trust, London*

- **9.00am** Regulation of ART  
  Mr James Lawford Davies, Partner; Hempsons Solicitors London
- **9.30am** Factors affecting success rates  
  To be confirmed
- **10.00am** Risks of ART  
  Professor Neil McClure, Professor of Obstetrics and Gynaecology, Queen’s University Belfast; Belfast Trust

**Session X: Plenary Talk**
*Chair: Dr Yacoub Khalaf*

- **11.00am** Case discussion  
  Mrs Jan Grace

**Session X: Plenary Talk**
*Chair: Dr Yacoub Khalaf*

- **11.30am** What is absolute and what is relative in assisted reproduction  
  Professor Dr Hans Evers, Division Reproductive Medicine and Biology, The Maastricht University Medical Centre, The Netherlands

**Session XI: Planning for Treatment**
*Chair: Mr Valentine Akande, Consultant Obstetrician and Gynaecologist, Bristol Centre for Reproductive Medicine and Division of Women’s Health, Southmead Hospital, Bristol*

- **1.30pm** Female workup  
  Dr Alka Prakash, Consultant Reproductive Medicine and Surgery, Addenbrookes Hospital, Cambridge
- **2.00pm** Gamete and Embryos – Preparation, culture, cryopreservation  
  Ms Rachel Cutting, Principal Embryologist, Jessop Fertility, Sheffield Teaching Hospitals NHS Foundation Trust
- **3.00pm** Female workup  
  Dr Alka Prakash, Consultant Reproductive Medicine and Surgery, Addenbrookes Hospital, Cambridge

**Session XII: IVF Clinical Perspective**
*Chair: Miss Abha Maheshwari, Consultant Reproductive Medicine and Surgery, Aberdeen Maternity Hospital*

- **3.30pm** Ovarian stimulation protocols  
  Dr Sesh Sunkara, Kings College London Queen Elizabeth Hospital, London
- **4.00pm** Single embryo transfer  
  Miss Abha Maheshwari
- **4.30pm** Case discussion  
  Dr Sesh Sunkara
- **5.00pm** CLOSE
### Programme

#### Thursday 14 April 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Session XI: Gamete Retrieval</th>
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<tbody>
<tr>
<td>8.30am</td>
<td>REFRESHMENTS</td>
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<tr>
<td>8.55am</td>
<td>Welcome</td>
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<tr>
<td></td>
<td>Mr Tarek El-Toukhy, Consultant in Reproductive Medicine and Surgery, Guy’s and St Thomas’</td>
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<td>Hospital NHS Foundation Trust, London</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>Session XII: Gamete Retrieval</th>
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<tbody>
<tr>
<td>9.00am</td>
<td>Oocyte retrieval and embryo transfer</td>
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<td>Mr Tarek El-Toukhy</td>
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<td>9.30am</td>
<td>Sperm retrieval</td>
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<td>Mr Kevin McEleny, Consultant Urologist, Newcastle Fertility Centre, Newcastle Upon Tyne</td>
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<tr>
<td>10.00am</td>
<td>Case discussion</td>
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<tr>
<td></td>
<td>Mr Tarek El-Toukhy and Mr Kevin McEleny</td>
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<tr>
<td>10.30am</td>
<td>REFRESHMENTS</td>
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<thead>
<tr>
<th>Time</th>
<th>Session XIII: Gamete Retrieval</th>
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<tr>
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<td>Session XIV: Controversies</td>
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<tr>
<td></td>
<td>Chair: Mr Luciano Nardo, Clinical Director, Consultant</td>
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<tr>
<td></td>
<td>Gynaecologist and Subspecialist in Reproductive Medicine, Reproductive Health Group,</td>
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<td>Centre for Reproductive Health, Daresbury</td>
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<td>11.00am</td>
<td>Adjuvant treatment and alternative therapies</td>
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<td>Mr Luciano Nardo</td>
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<td>11.30am</td>
<td>An Update on PGD and PGS</td>
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<td>Professor Joyce Harper, Embryology, IVF and Reproductive Genetics Group, Institute for</td>
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<td>Women’s Health, University College London</td>
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<td>12.00pm</td>
<td>Case discussion</td>
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<td>Mr Luciano Nardo</td>
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<td>12.30pm</td>
<td>LUNCH (2 course standing fork lunch)</td>
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<th>Time</th>
<th>Session XV: Support</th>
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<td>Chair: Ms Laura Witjens, Chief Executive of the National Gamete Donation Trust</td>
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<tr>
<td>1.30pm</td>
<td>Patient perspective</td>
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<td>Ms Kate Brian, Author, Journalist and Representative, Infertility Network UK</td>
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<td>2.00pm</td>
<td>Role of counselling</td>
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<td>Ms Sophia Parsons, Infertility Counsellor, The Centre for Reproductive and Genetic Health (CRGH), London</td>
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<td>2.30pm</td>
<td>Gamete donor recruitment and treatment</td>
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<td>Dr Jane Stewart, Consultant in Gynaecology, Subspecialist in Reproductive Medicine,</td>
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<td>Newcastle Fertility Centre</td>
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<td>3.00pm</td>
<td>REFRESHMENTS</td>
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<tr>
<th>Time</th>
<th>Session XVI: Management of IVF Failure</th>
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<td>Chair: Dr Yacoub Khalaf</td>
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<tr>
<td>3.30pm</td>
<td>Recurrent implantation failure</td>
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<td>Professor Nick Macklon, Professor of Obstetrics and Gynaecology, University Hospital</td>
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<td>Southampton</td>
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<td>4.00pm</td>
<td>When to stop treatment</td>
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<td>To be confirmed</td>
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<td>4.30pm</td>
<td>Case discussion</td>
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<td>Dr Yacoub Khalaf</td>
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<td>5.00pm</td>
<td>CLOSE</td>
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**Venue**

**Venue:** RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
**Tel:** 020 7772 6200  **Fax:** 020 7772 6388
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